

Training Opportunities for Parents and Families

Offered by Regional Centers for Children and Youth with
Special Health Care Needs and their Collaborating Partners

Youth Health Transition

Introduction to Youth Health Transition: The Process of Getting Ready for Health Care as an Adult

Available as a webcast at: <https://youtu.be/DvakEgy1O8s>. Introduces the steps involved when moving from pediatric to adult health care.

Build Your Bridge: Moving from Child to Adult Health Care *Available as a virtual training:* Introduce and discuss when to start thinking about health care transition to adult care providers as well as offers helpful tools and resources.

Dreaming Differently *Available as a virtual training:* To meet the needs of a unique audience, the “Build Your Bridge” curriculum has been adapted for families who are raising children with significant intellectual or developmental disabilities and medical complexity.

Bridging the Gap *Available as a virtual training:* An overview of youth health transition with information tailored to different, mixed audiences (e.g., parents, teachers, nurses, etc.).

What’s After High School? *Available as a virtual training:* A broad overview of the transition to adult life for youth with disabilities and special health care needs. Includes: envisioning a youth’s future; post-secondary concerns; long-term supports; transitioning to adult health care; legal considerations; and supported decision making. *Also available as a webcast at:* <https://www.familyvoiceswi.org/learn/>

Medical Home

C.A.R.E.: A Medical Home Series for Families *Available as a virtual training:*

Caring for the Whole Family: An opportunity to reflect on the experience of learning that your child is developing differently. Resources and next steps are explored in a supportive environment.

Assembling a Care Notebook: How to create a ready resource that contains pertinent information for your child and their caretakers.

Requesting a Shared Plan of Care: Working with your child’s medical provider to develop a Shared Plan of Care which includes a medical summary, family’s strengths and goals.

Exploring Care Mapping: Design a care map for your family which will serve to show others at a glance all of the people and resources supporting your child’s development.

Coordinating Your Child’s Healthcare *Available as a webcast at:* <https://www.familyvoiceswi.org/learn/> Explains the concepts of care coordination, a medical home and integrated health care for every child.

Did You Know? Now You Know! *Available as a virtual training:* An overview of private and public health insurance benefits, community supports and services and other resources for children with special health needs and/or disabilities. *Also available as a webcast at:* <https://www.familyvoiceswi.org/learn/>

Parent to Parent

Support Parent Training *Available as a virtual training:* Prepares parents of children with special health care needs to be Support Parents for Parent to Parent of Wisconsin. Support Parents offer informational and emotional support to another parent raising a child with similar needs.

Contact the Regional Centers for Children and Youth with Special Health Care Needs to
schedule a training event or find one in your area:

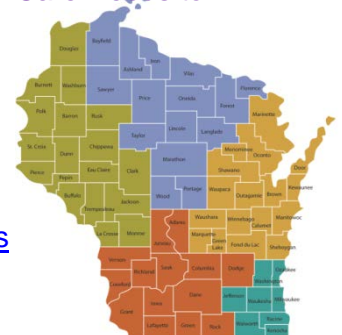
Southeast Regional Center: 414-266-6333; serc@chw.org

Southern Regional Center: 608-265-8610; cyshcn@waisman.wisc.edu

Northeast Regional Center: 920-969-5325; infonerc@chw.org

Northern Regional Center: 715-261-1906; SpecialNeedsInfo@co.marathon.wi.us

Western Regional Center: 715-726-7907; wrcccyshcn@co.chippewa.wi.us



Additional topics available upon request.